

Dr. Napoleon Higgins

Child, Adolescent, and Adult Psychiatrist

Dr. Napoleon Higgins is a child, adolescent, and adult psychiatrist in Houston, Texas. He is the owner of one of the largest multispecialty mental health groups in the fourth largest city in the United States. Dr. Higgins received his MD from Meharry Medical College, and he completed his residency in adult psychiatry and his fellowship in child and adolescent psychiatry at the University of Texas Medical Branch at Galveston. He is President of the Black Psychiatrists of Greater Houston and Past President of the Black Psychiatrists of America Inc., and the Caucus of Black Psychiatrists of the American Psychiatric Association. In addition of being a coauthor of these books, Dr. Higgins is also author of Transition 2 Practice, which encompasses physician practice issues. He specializes in natural health and nutrition to improve patients' lives mentally and physically. He emphasizes that good mental and physical health are key in the practice of psychiatry and medicine. Dr. Higgins has worked with countless inner-city and community mentoring programs. He has special interest in trauma and racism and how they affect minority and disadvantaged children and communities.